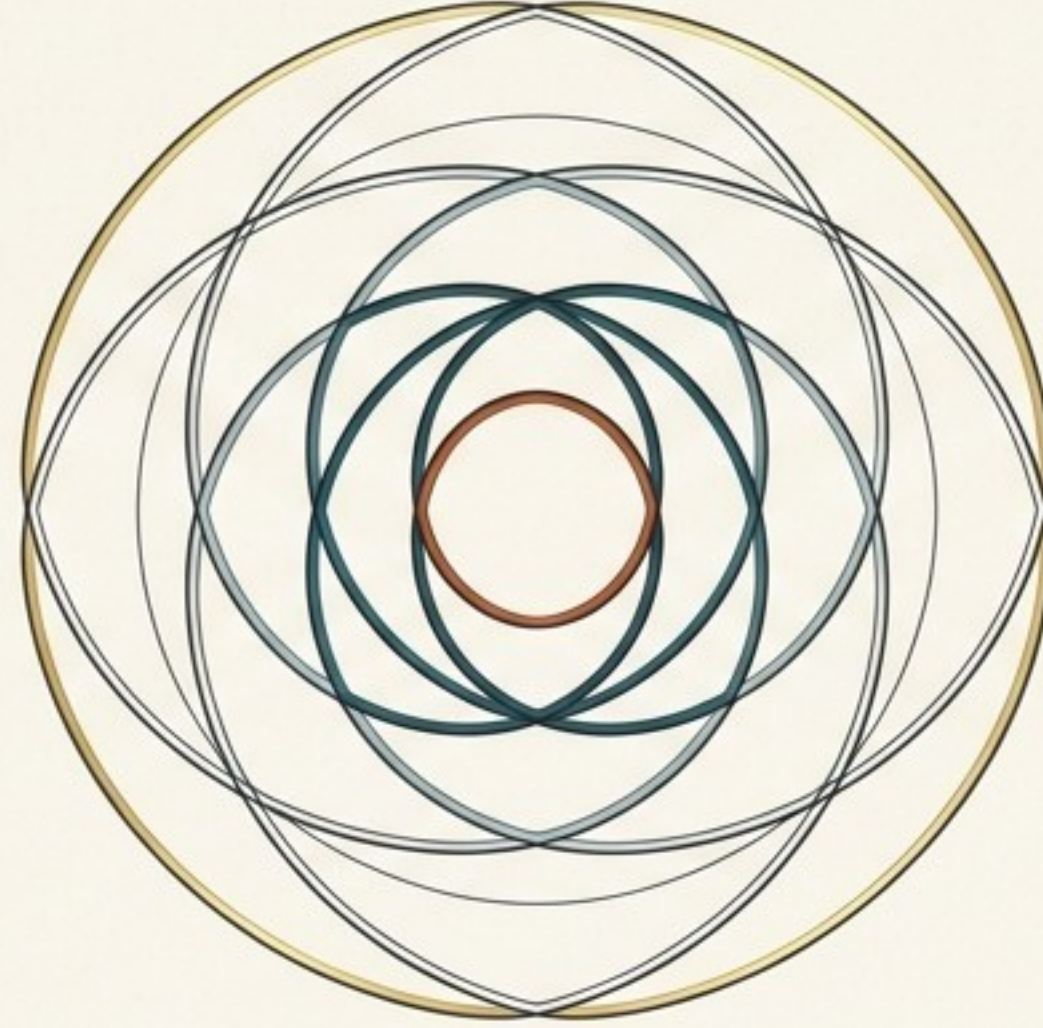
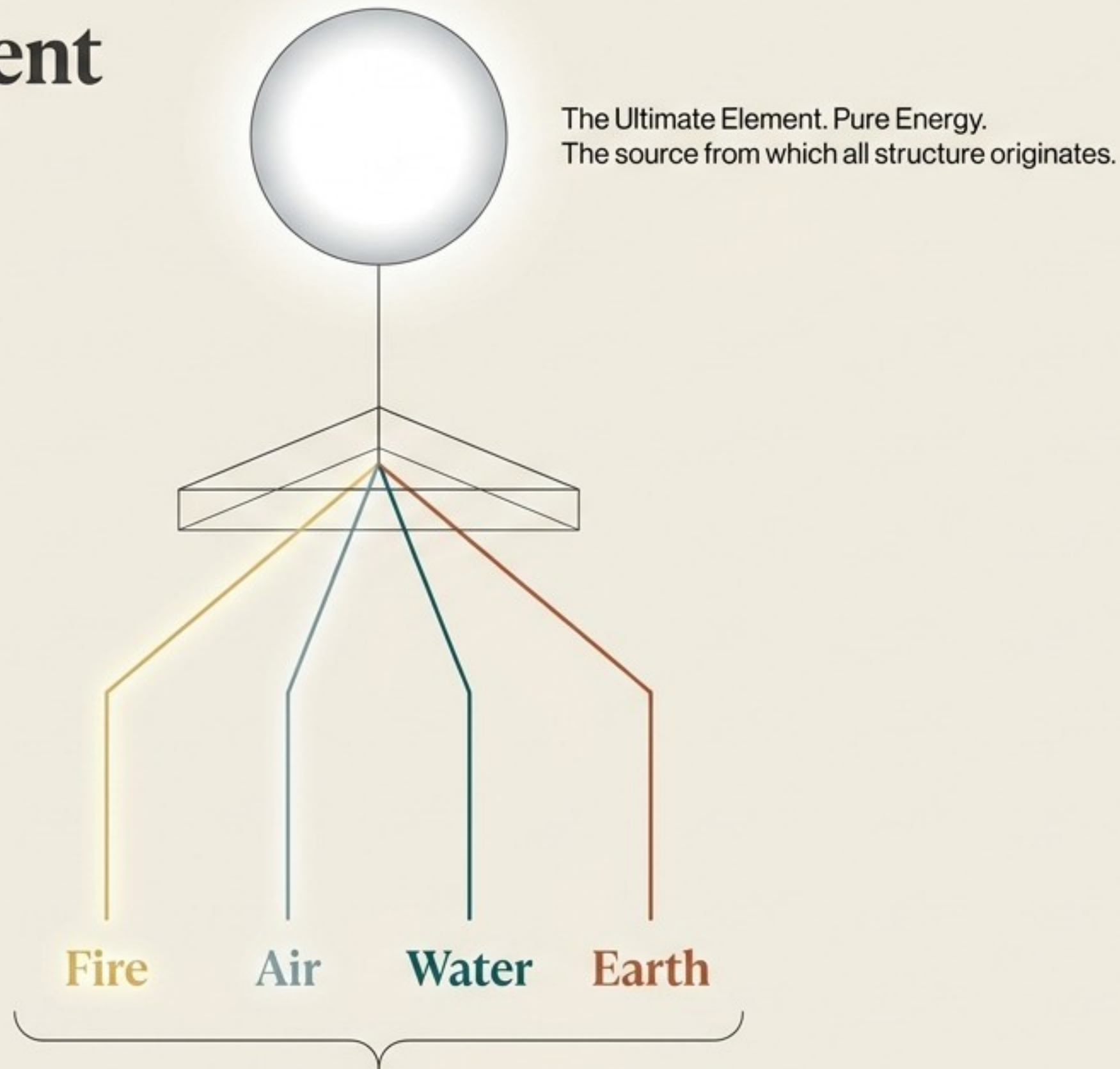




The Universal Blueprint

A framework of cosmology, universal respiration,
and the mechanics of form.

The Ultimate Element and the Degrees of of Solidification



The four penultimate elements are not separate entities, but progressive degrees of solidification of the Ultimate Element.

The Cycle of Form

Rest in Potential

Energy awaits manifestation
in the next cycle.

Flow Into Form

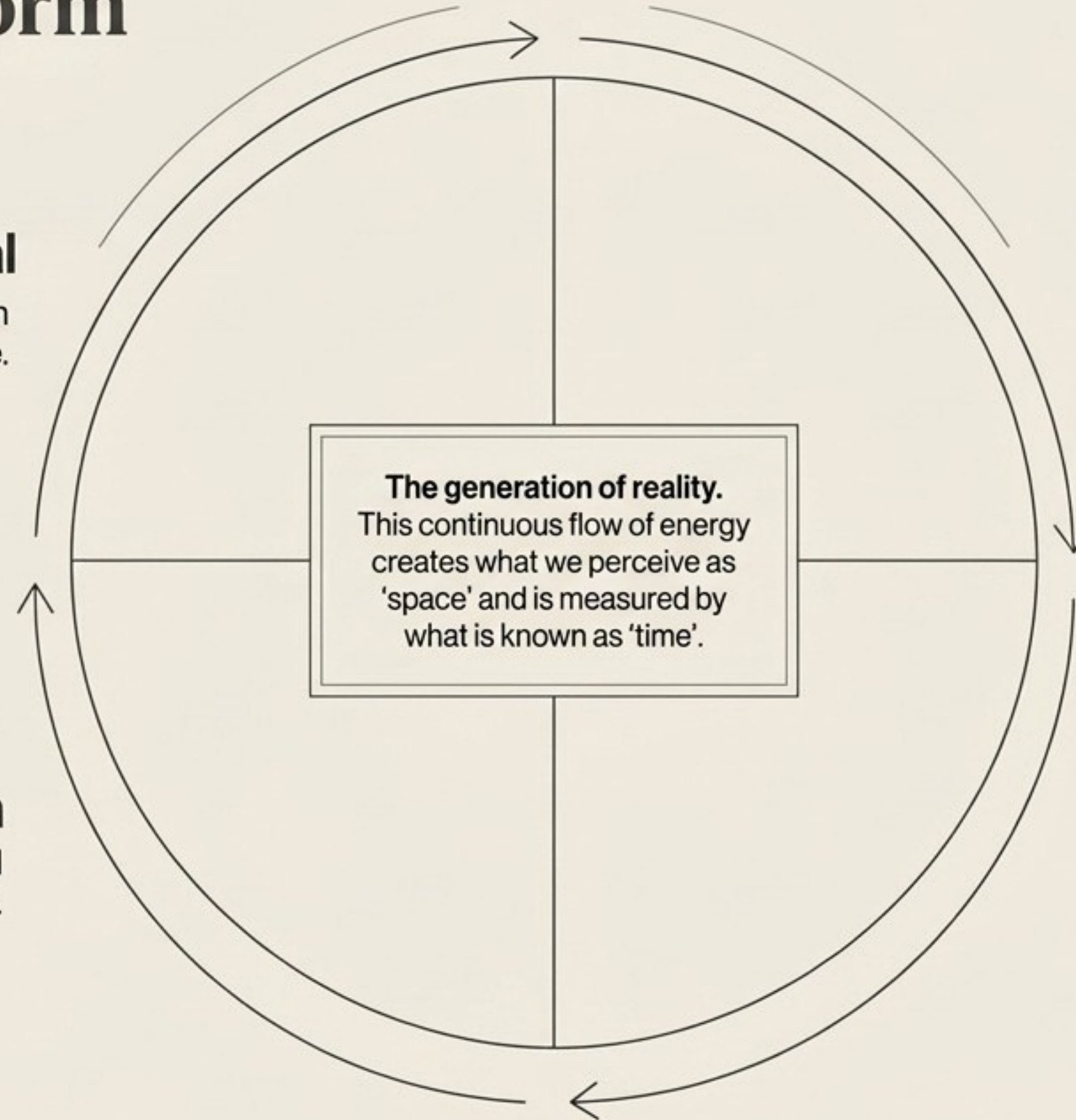
Energy coalesces and
enters structure.

Abide In Form

Energy rests in structure for
a time (The Material World).

Flow Out of Form

Energy is released
from structure.



Degrees of Vibration - Solidification

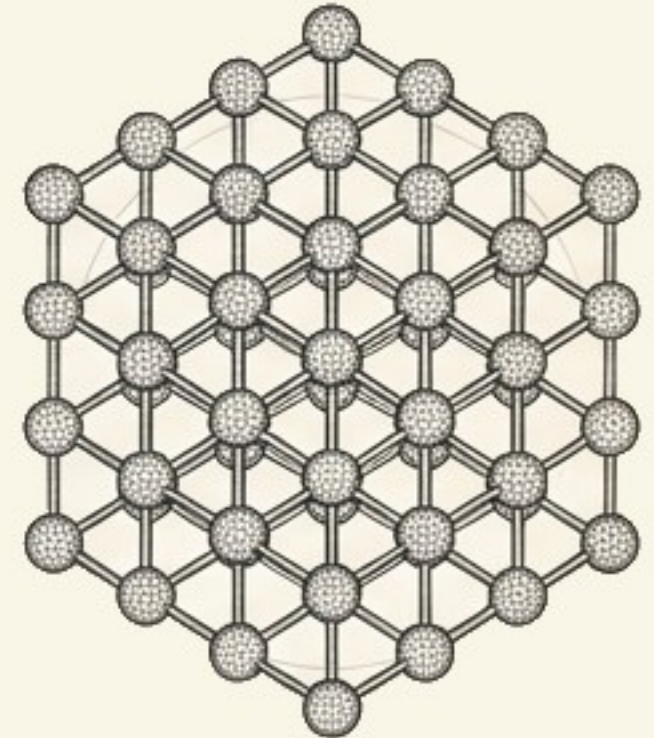
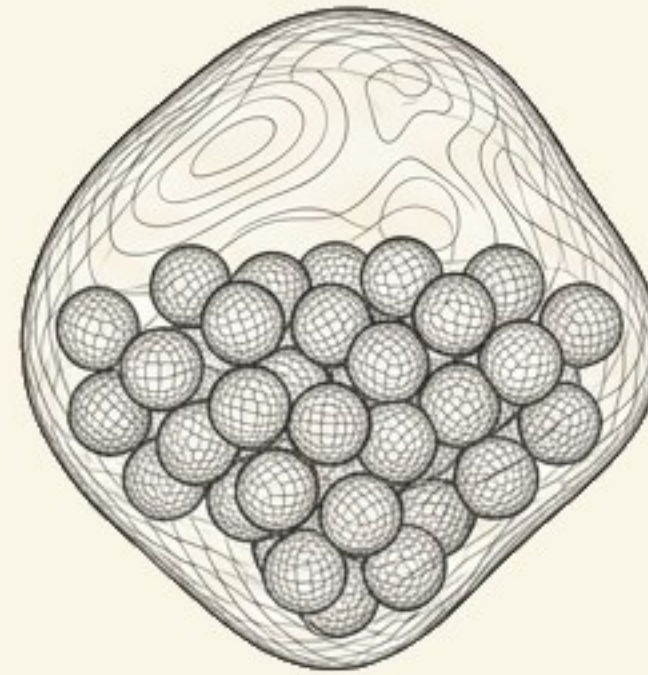
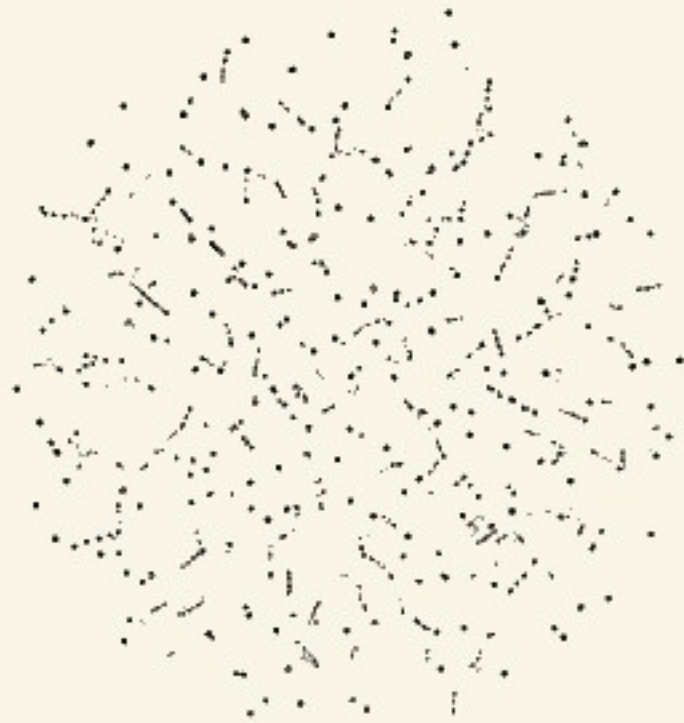


Plasma

Gas

Liquid

Solid



Elemental
Correspondence

Fire

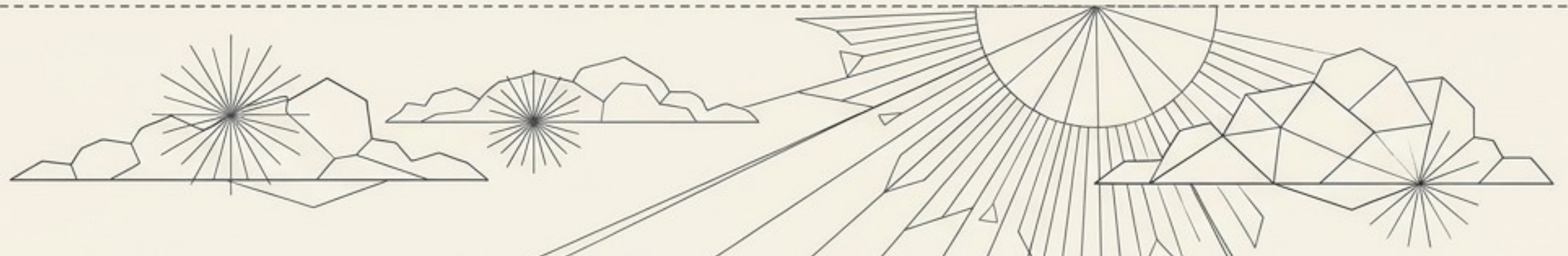
Air

Water

Earth

The building blocks of the physical universe are simply the
Ultimate Element manifesting at four distinct densities.

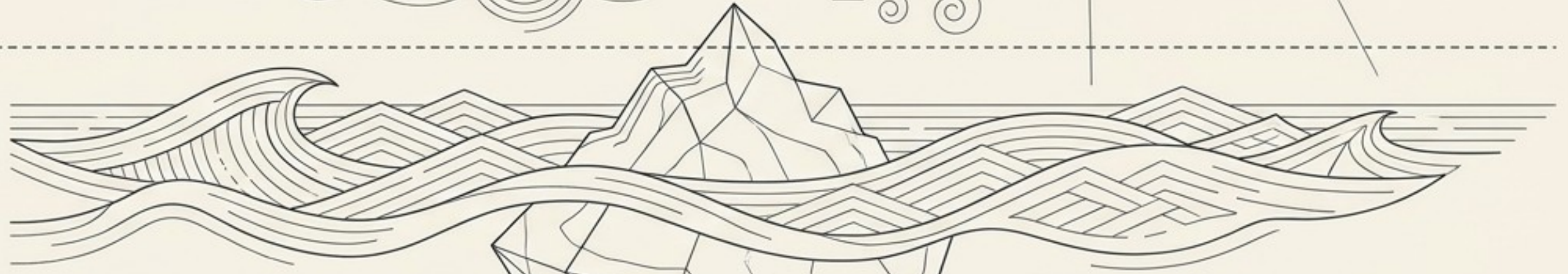
Plasma-Fire



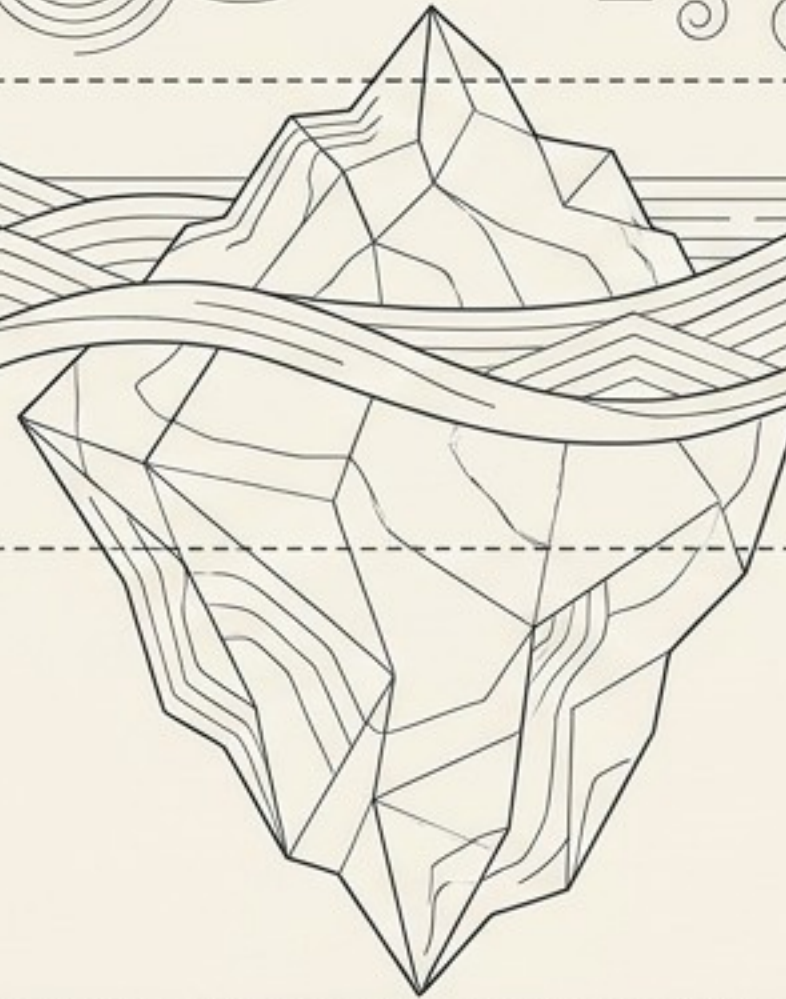
Gas-Air



Liquid-Water



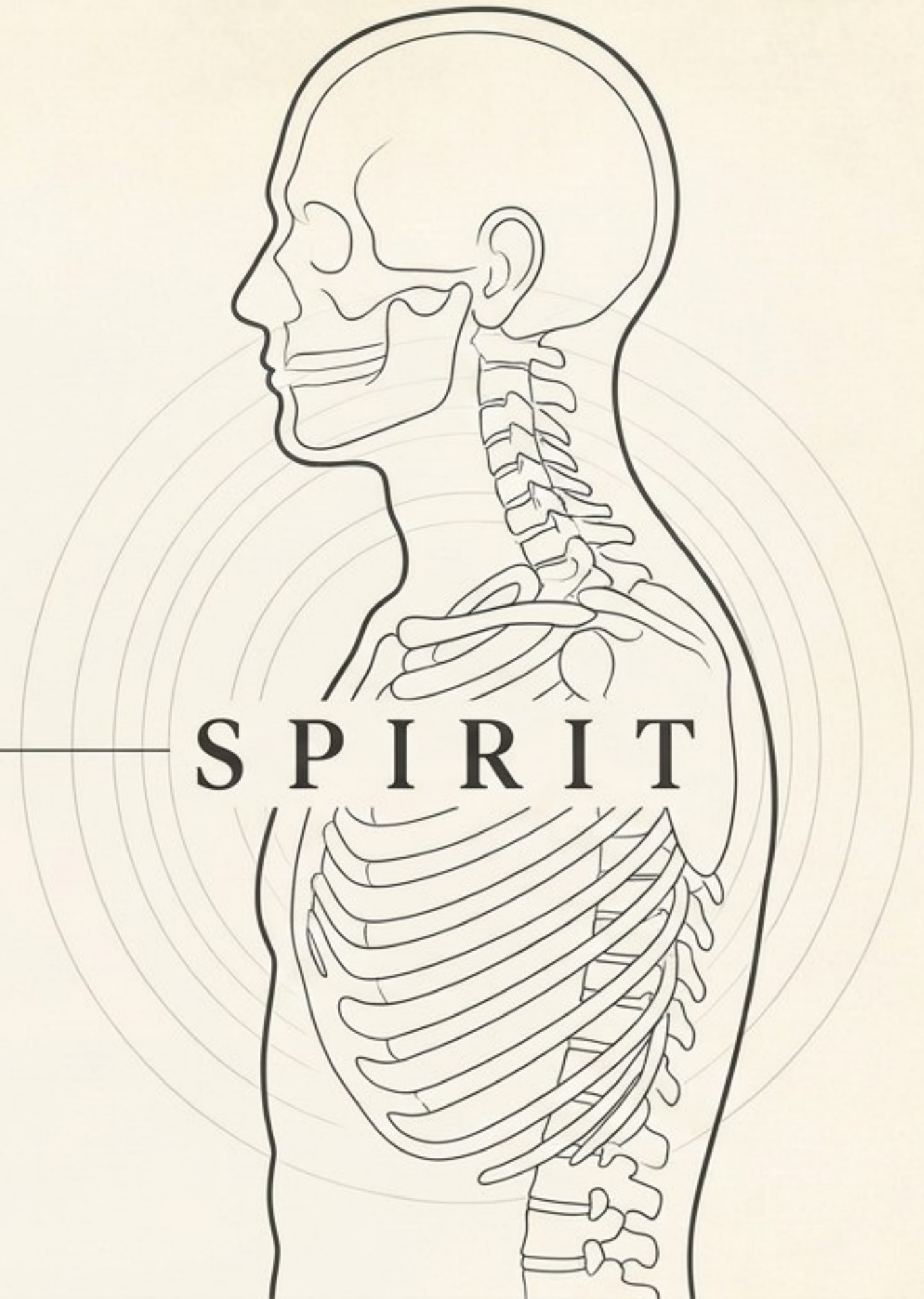
Solid-Earth

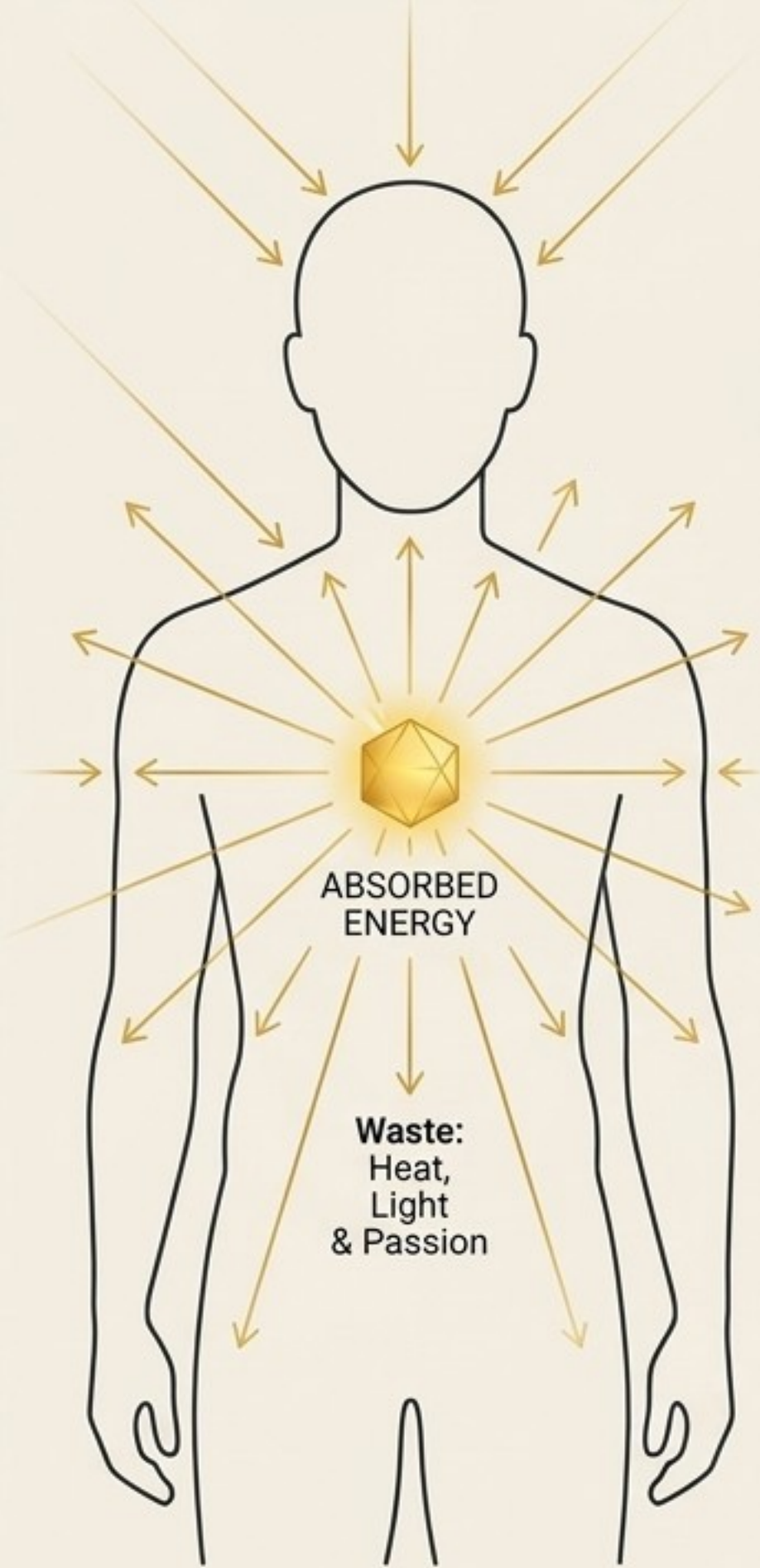


Spirit Means 'To Breathe'

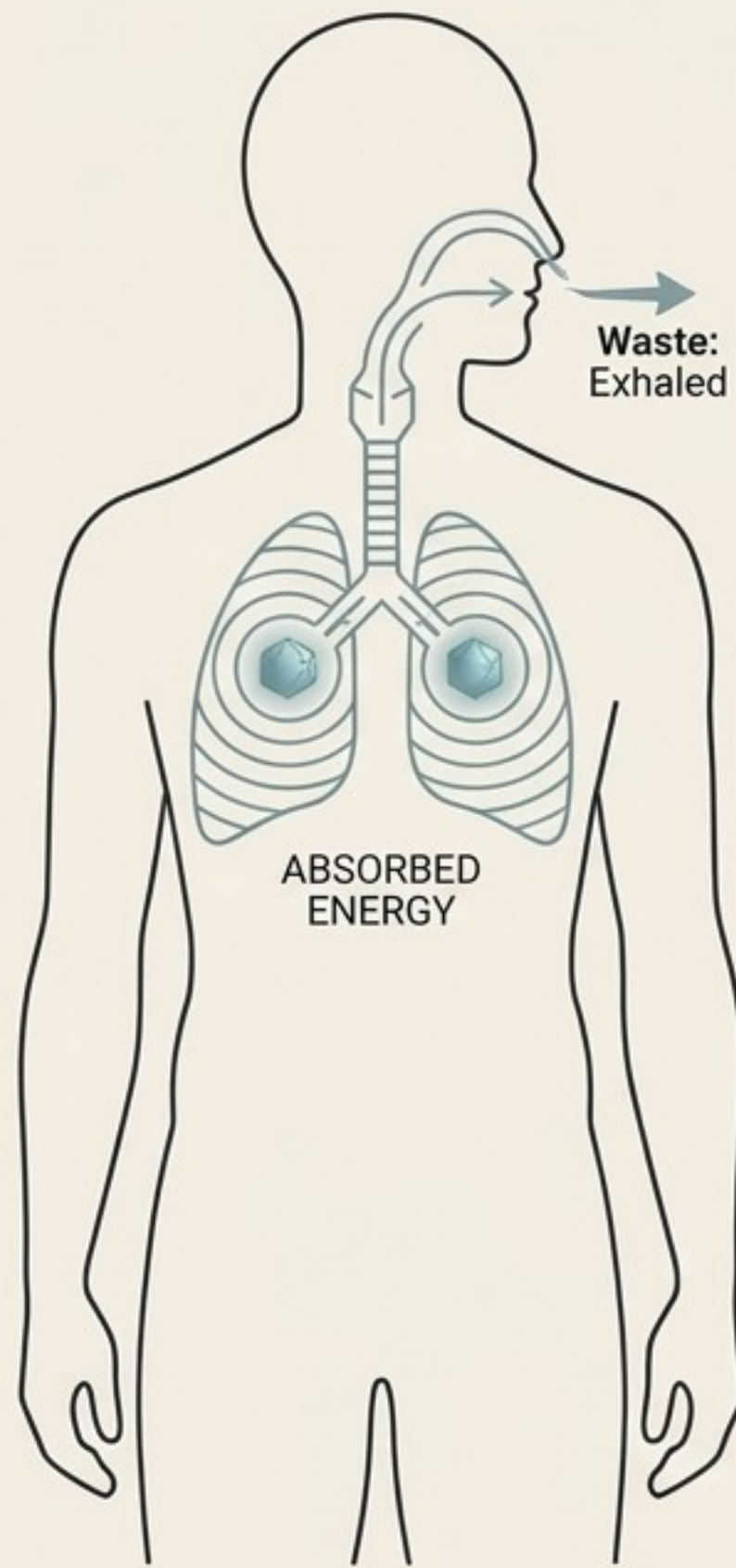
Breathing is the fundamental link between the body and the mind.

The human form does not just breathe air. It constantly executes a four-part cycle of energy exchange with all four elements. Every act of consumption is an act of universal respiration.

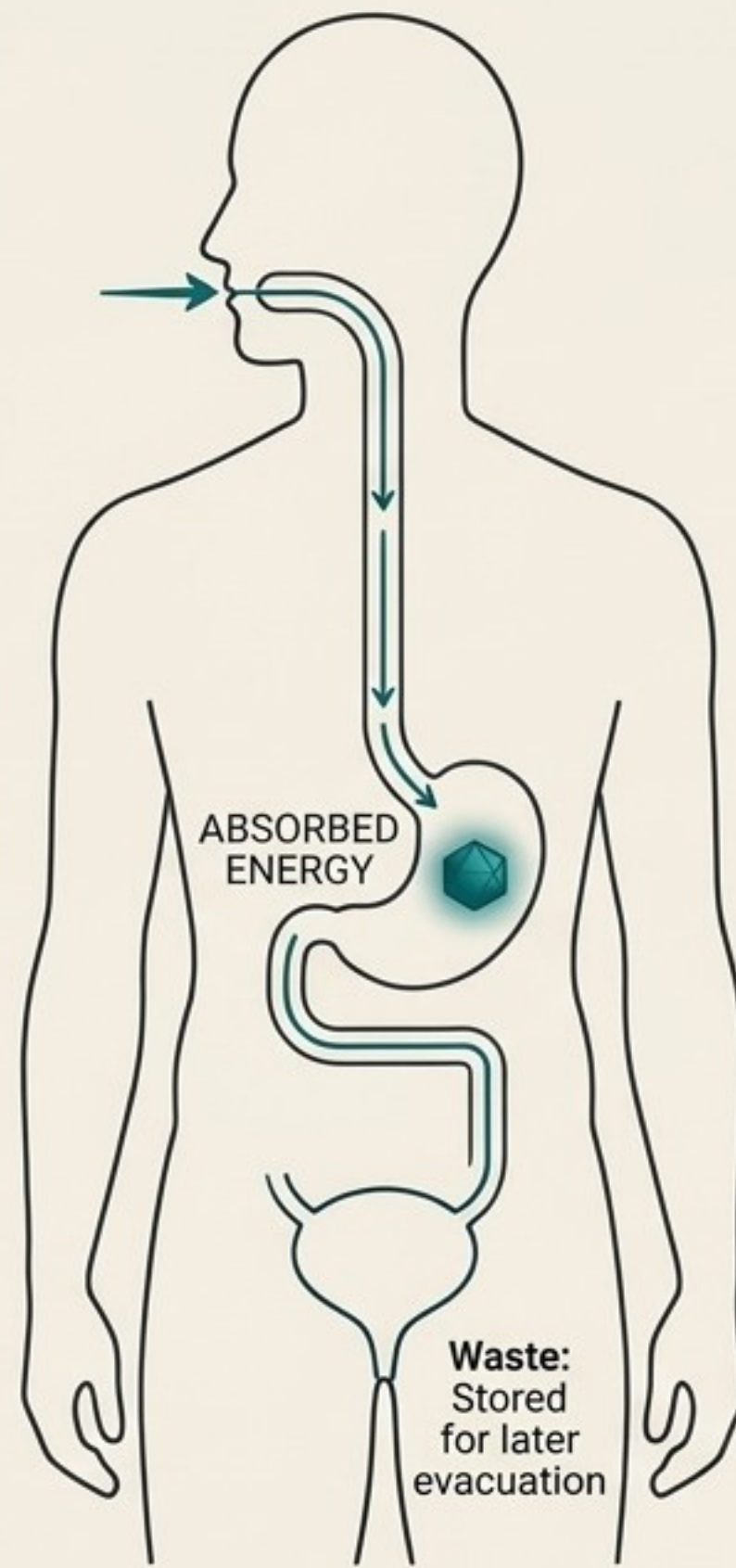




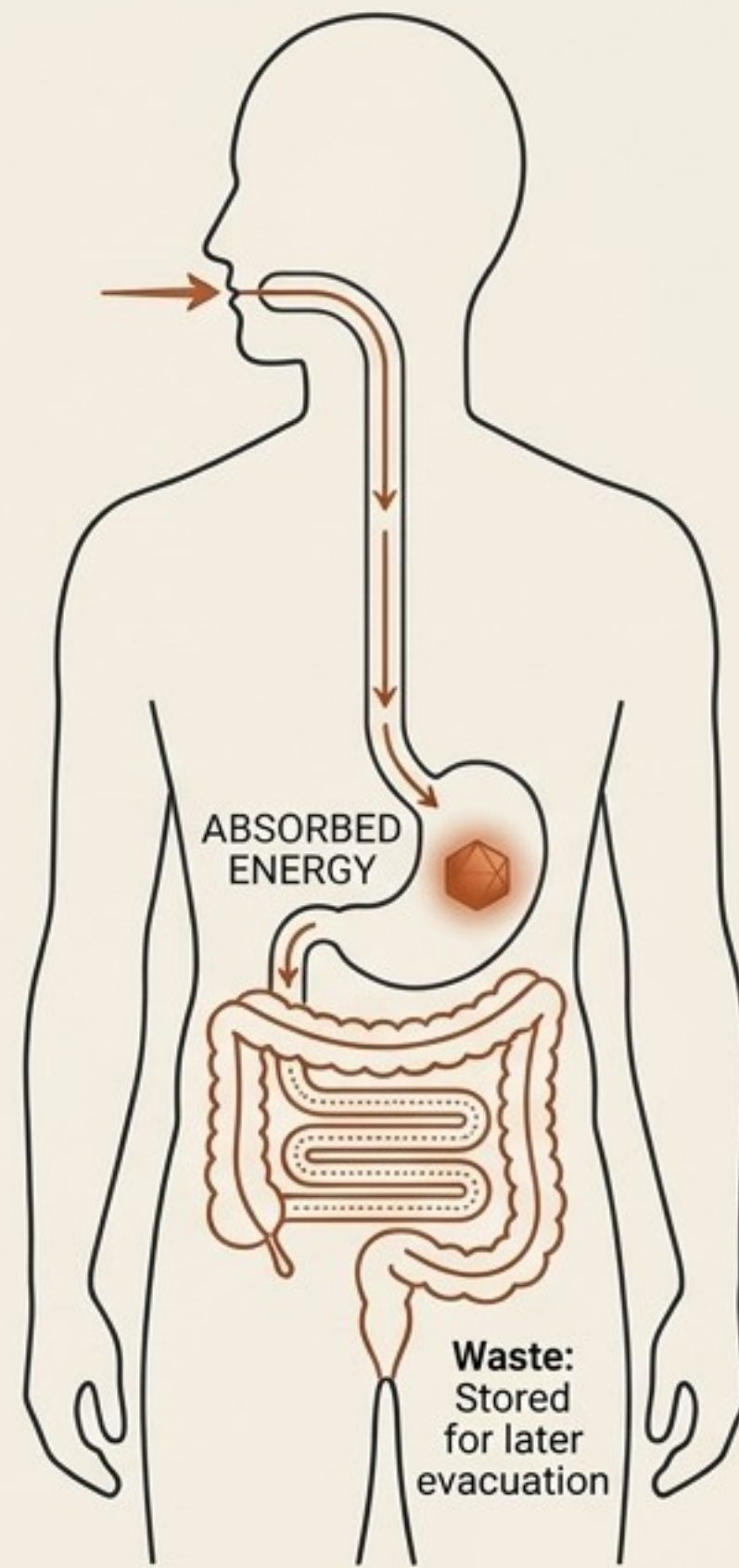
Fire



Air



Water

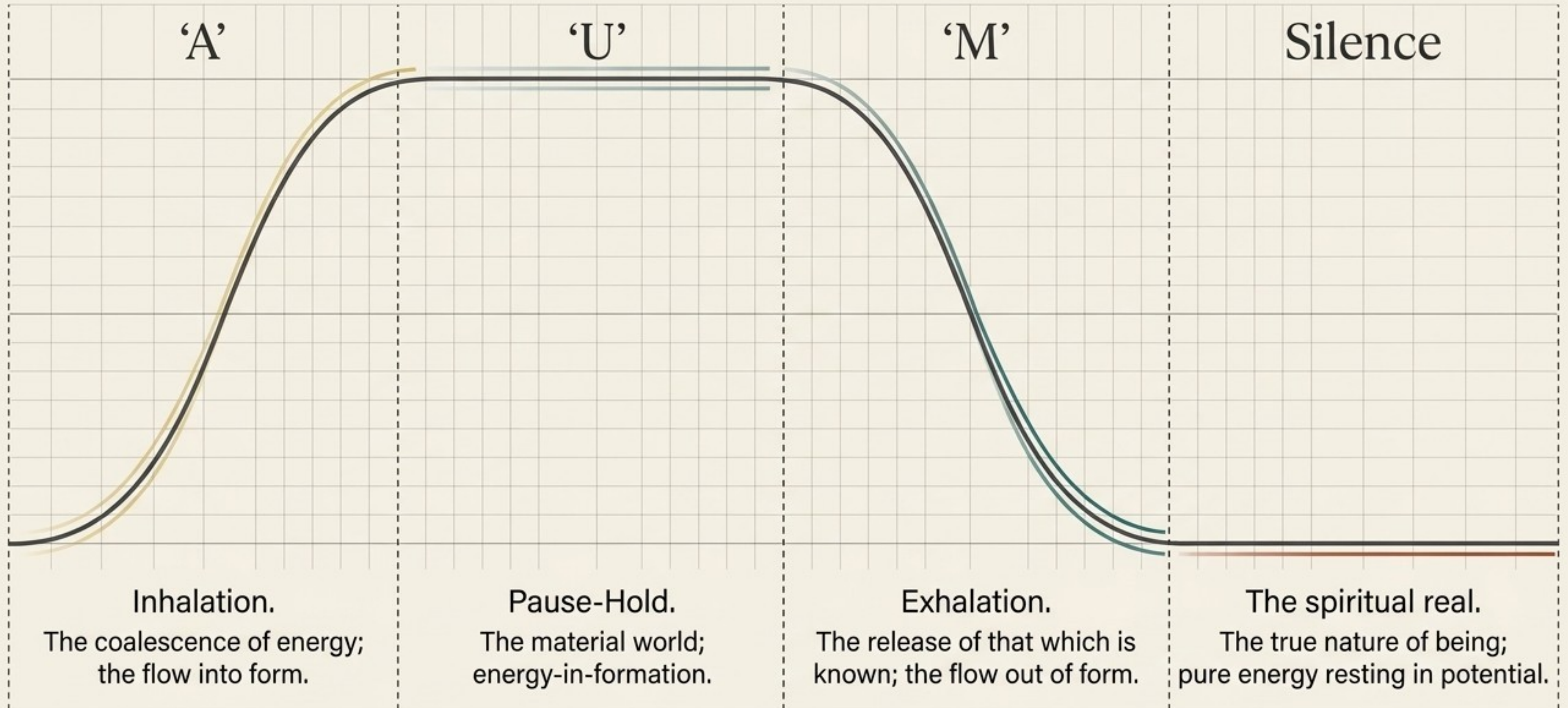


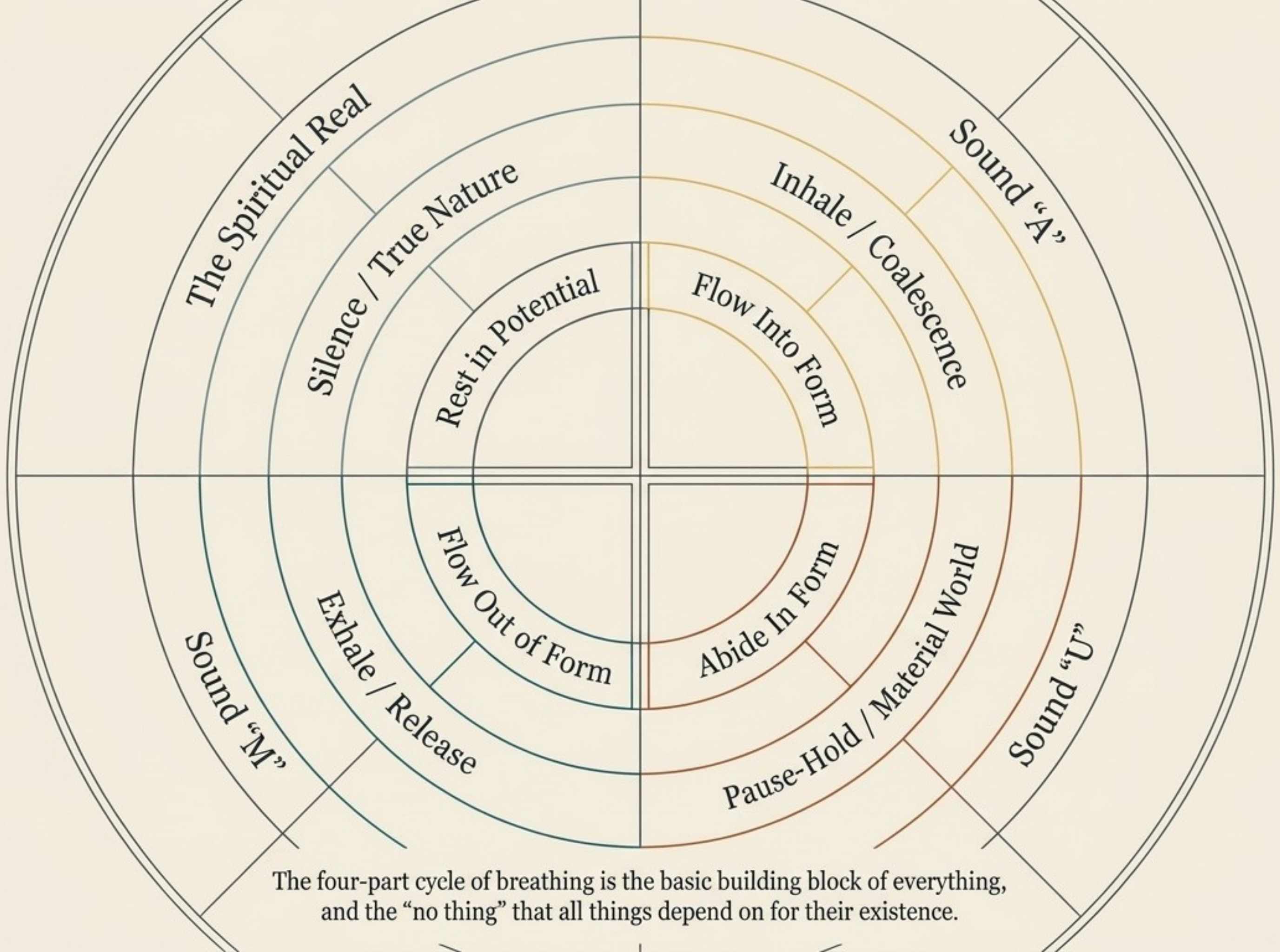
Earth

Universal Respiration Diagnostic Table

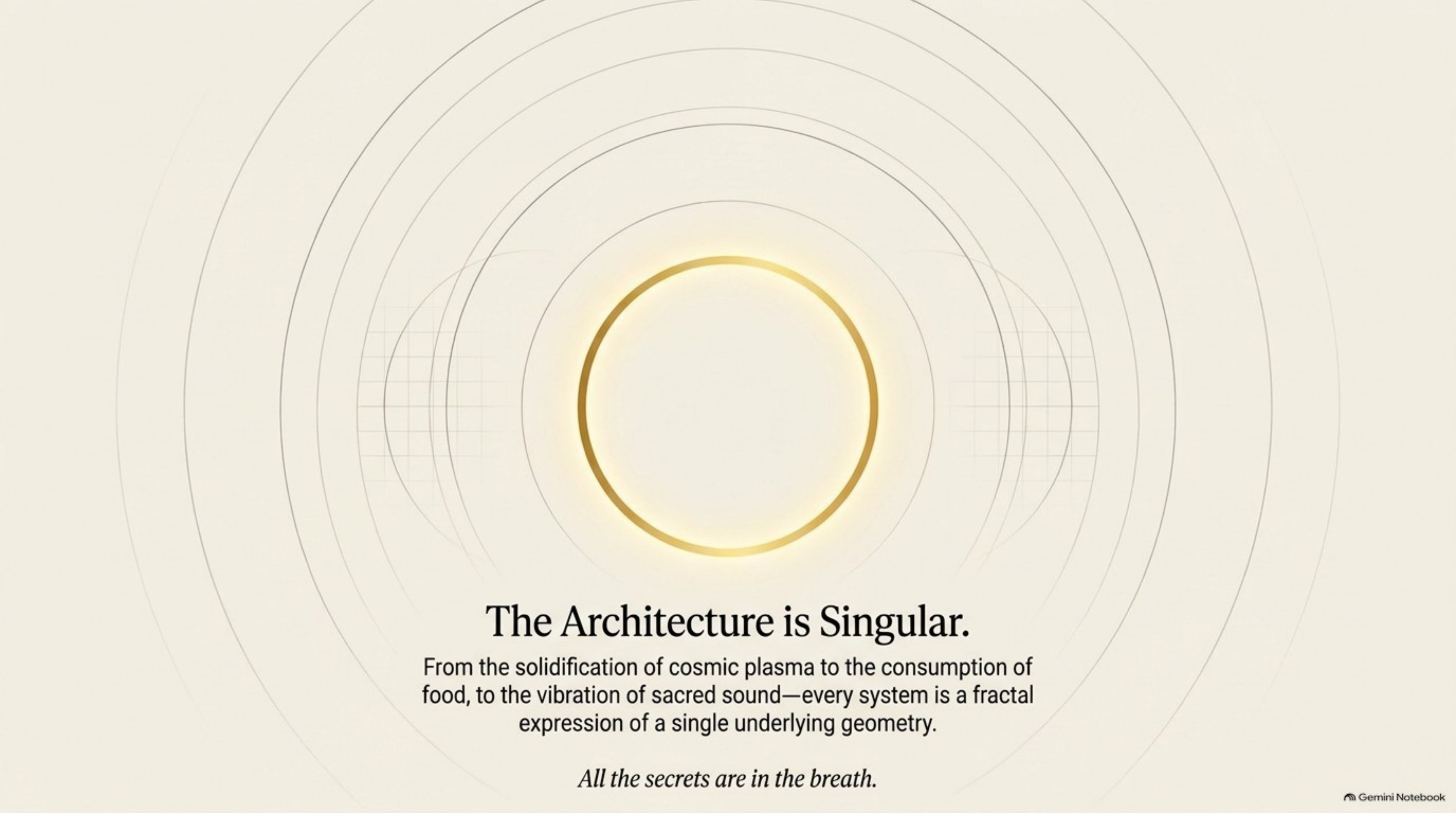
	Fire	Air	Water	Earth
State of Matter	Plasma	Gas	Liquid	Solid
Method of Intake	Absorbed (outside the form)	Inhaled (outside the form)	Consumed (outside the form)	Consumed (outside the form)
Internal Process	Energy flows through passageways; a portion is absorbed.			
Evacuation / Waste	Given off as heat / light / passion	Exhaled	Stored in bladder for later evacuation	Stored in bowels for later evacuation

OM: The Primordial Vibration and Universal Respiration





The four-part cycle of breathing is the basic building block of everything, and the "no thing" that all things depend on for their existence.



The Architecture is Singular.

From the solidification of cosmic plasma to the consumption of food, to the vibration of sacred sound—every system is a fractal expression of a single underlying geometry.

All the secrets are in the breath.