

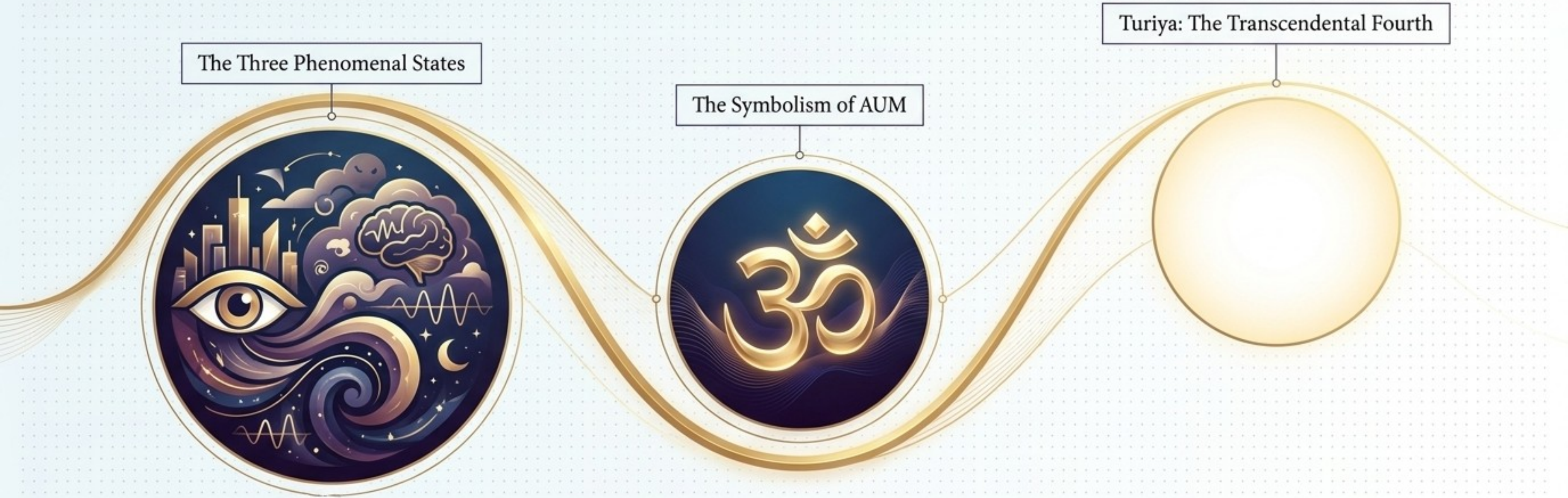
The Architecture of Consciousness

Mapping the mind, brain, and absolute reality
through the Mandukya Upanishad.

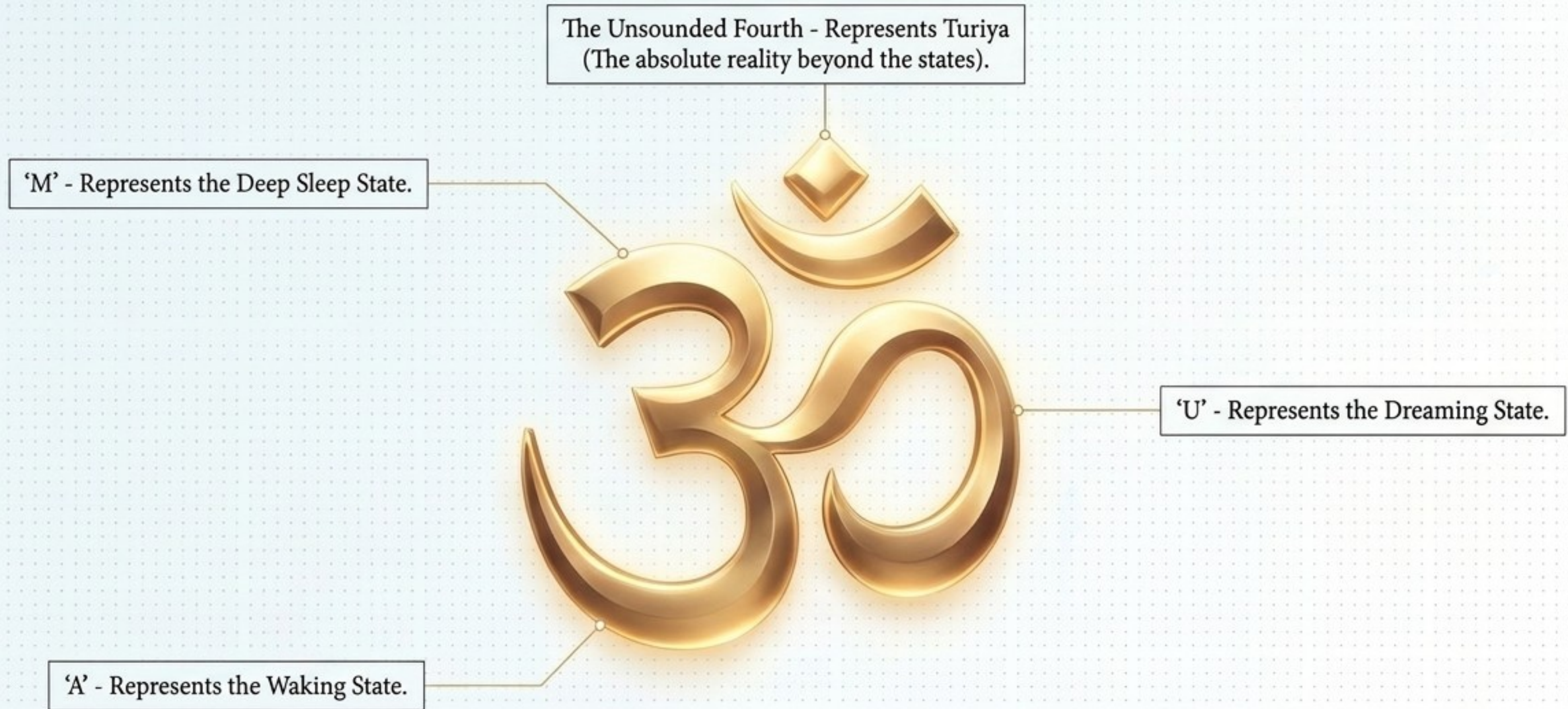


The Self as the Ultimate Architecture

The Mandukya Upanishad equates the self (Atman) with ultimate reality (Brahman) by mapping existence onto four specific “quarters” of consciousness.



The Anatomy of a Primordial Sound



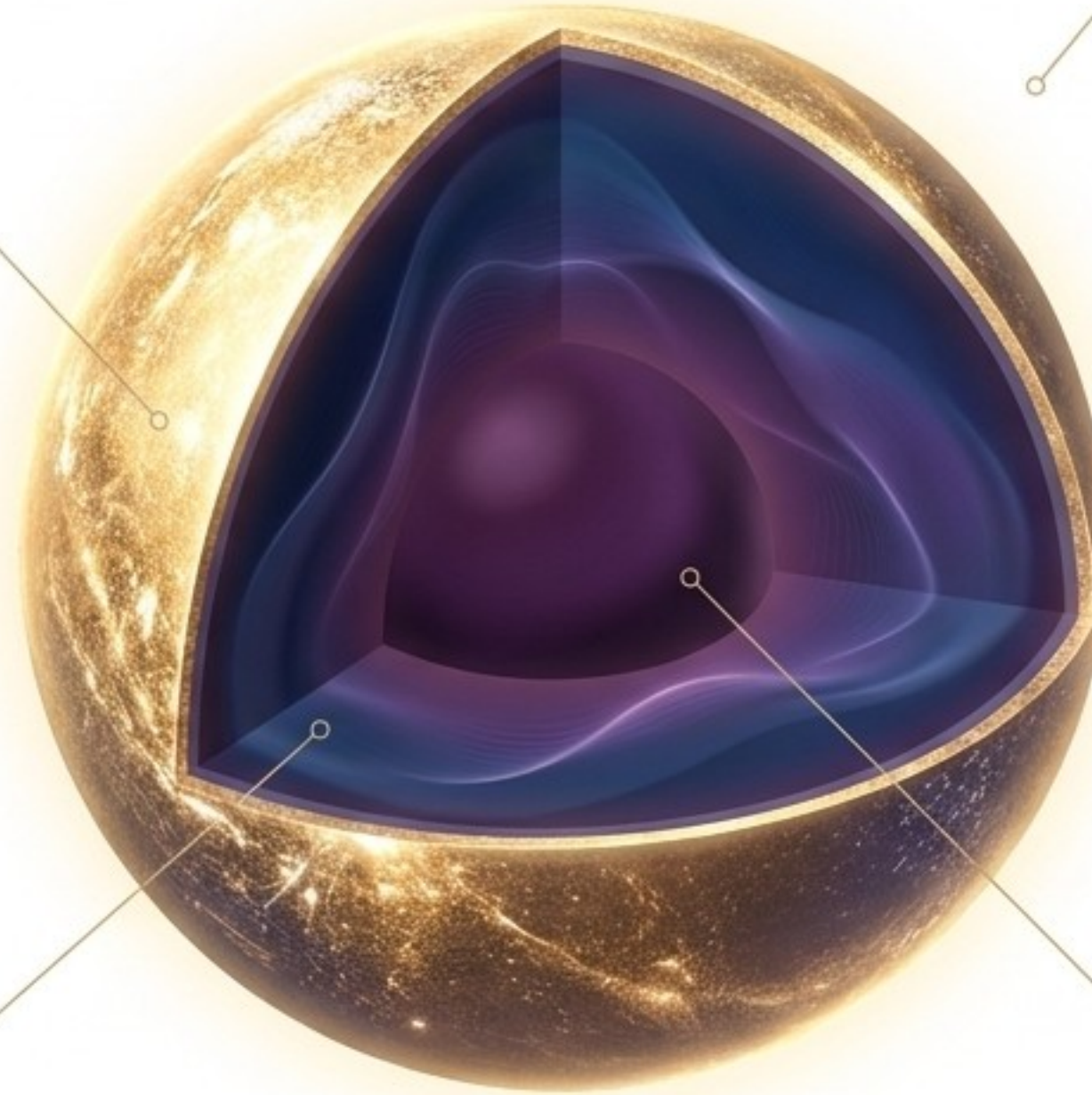
The Concentric Layers of Experience

Waking (A) - Interfacing with the external physical world.

Dreaming (U) - Interfacing with the internal world of projected images.

Turiya - The infinite space that holds the sphere of experience.

Deep Sleep (M) - The dense darkness of pure potential.



The Diagnostic Matrix of the Mind

State	Syllable	Brain Wave Signature	Domain of Mind	Object of Focus
Waking (Jagrat)	A	Beta Waves 	Conscious Mind	External Objects
Dreaming (Swapna)	U	Theta Waves 	Subconscious	Internal Images
Deep Sleep (Sushupti)	M	Delta Waves 	Unconscious	Potential / Darkness



Jagrat: The Outer Threshold

The 'A' of AUM corresponds to the Waking state, where the conscious mind is entirely engaged with external objects.



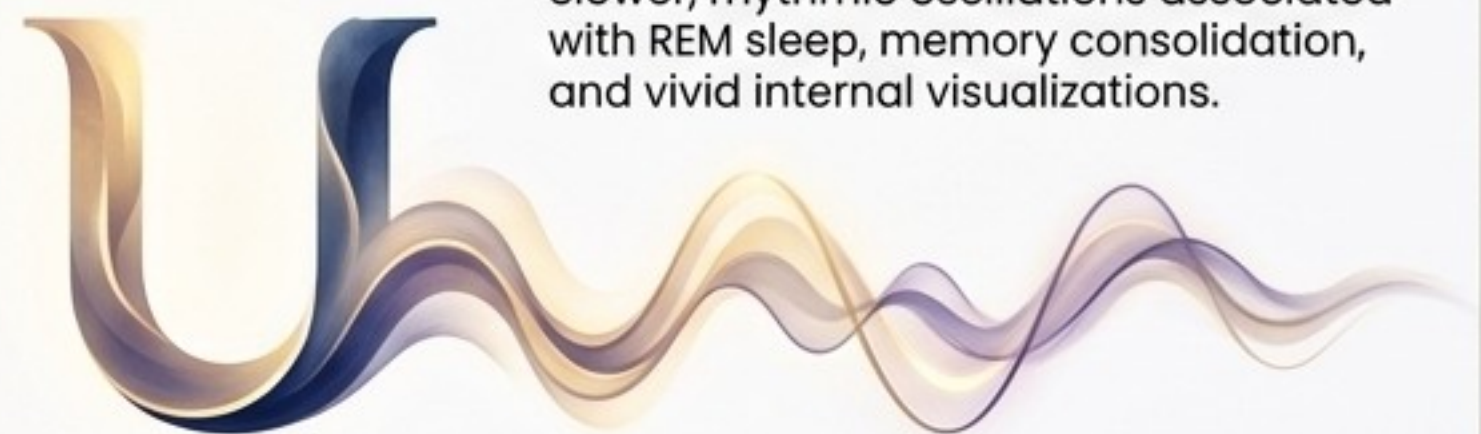
Biological Signature: Beta Waves. Rapid, high-frequency neural oscillations indicative of active processing, logical thinking, and external focus.



Swapna: The Internal Canvas

The 'U' of AUM marks the descent into the Dreaming state. The mind turns inward, engaging exclusively with subconscious, internal images decoupled from external sensory input.

Biological Signature: Theta Waves.
Slower, rhythmic oscillations associated with REM sleep, memory consolidation, and vivid internal visualizations.

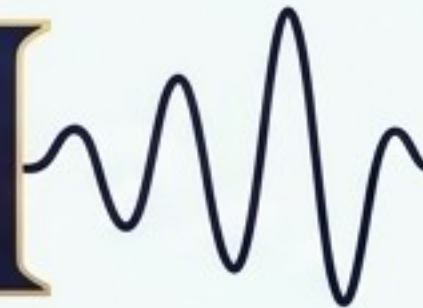




Sushupti: The Seed of Potential

The 'M' of AUM represents Deep Sleep. Here, consciousness retreats into a state of unconscious darkness—a void that contains the dormant potential for all waking and dreaming experiences.

M

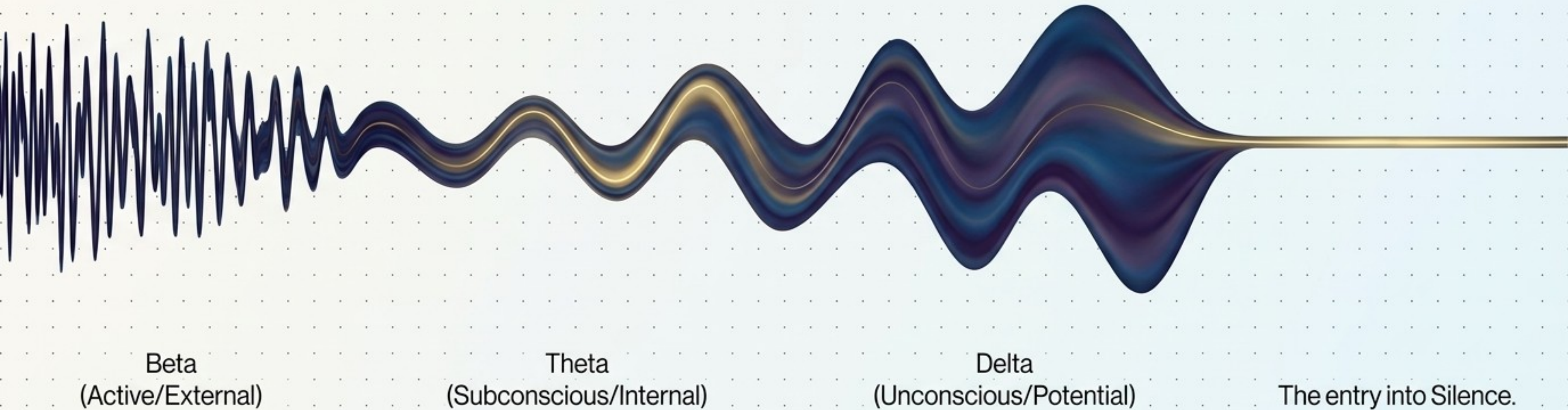


Biological Signature: Delta Waves

The deepest, slowest brainwave frequencies, marking restorative sleep and the temporary suspension of the ego and active mind.

The Frequency of Depth

The Mandukya Upanishad's descent inward maps precisely to a deceleration of biological frequencies.



The Totality of Time

The syllable AUM does not merely categorize states of mind; it encompasses the entirety of temporal existence.



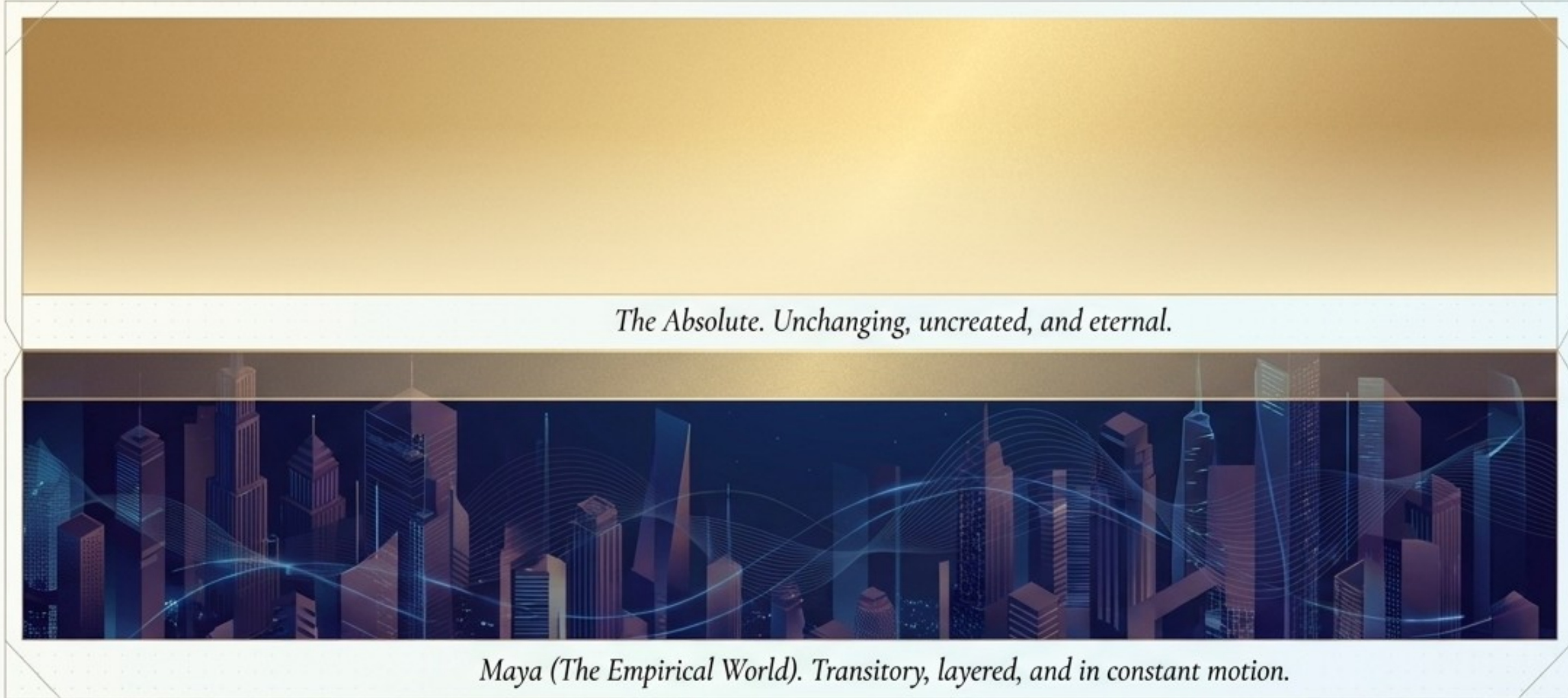
Beyond: The eternal reality of Brahman that exists outside the loop of time and space.



Turiya: The Unsounded Fourth

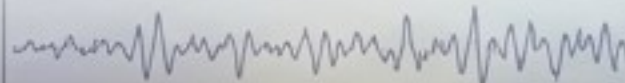
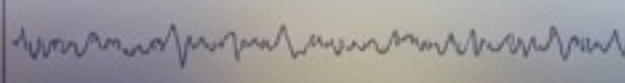
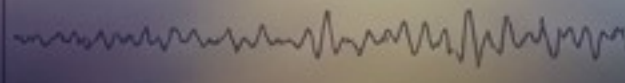
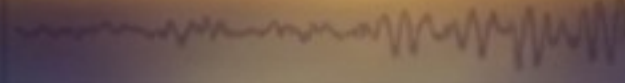
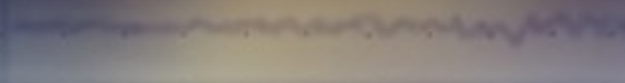
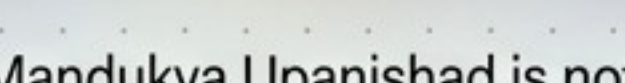
The silence following the AUM. Pure consciousness that witnesses all states (Waking, Dreaming, Sleep) but remains unchanged, non-dual, and entirely beyond description. It is the absolute reality beyond time and space.

The Doctrine of Ajativada



Gaudapada's theory argues that the Absolute never actually changes. The empirical, vibrating world of forms and time is merely a transitory illusion (Maya) overlaid upon the unchanging truth.

The Illusion of the Map

Surren	Sanskrit terms	Syllabri	Syllable	Brainwave	Analytical Matrix	Pallavarnas				
						Elaps	Wroth	Tign	Rae	Shun
	AUM (Sanskrit)	ॐ	AU		0 0.0 0.5 0 8 0.0 0.9 0 12 0.6 0.6 3 24 0.0 0.5 0	X				
	Turiya (Unatormense)	मि	SU		0 0.0 0.0 1 8 0.0 0.8 0 12 0.0 0.5 1 24 1.0 0.8 0		X			
	Turiya (inacommensate)	आ	ru		0 0.0 0.8 8 8 0.9 0.5 8 12 9.3 9.3 0 24 3.0 0.5 0			X		
	Kiira (atavistic)	औ	sy		0 0.0 0.9 9 8 0.0 0.0 0 12 0.9 0.0 0		X			
	Nista (transcendent)	इ	sy		0 0.0 0.0 0 8 0.0 0.0 0 12 0.0 0.0 0 24 1.0 0.0 0		X			
	Mantra (Turiya)	ॐ	su		0 0.0 0.0 1 8 0.0 0.0 0 12 0.0 0.5 1 24 1.0 0.8 0	X				
	Transcendental (Turiya)	ॐ	su		0 0.0 0.0 1 8 0.0 0.0 0 12 0.0 0.5 1 24 1.0 0.8 0				X	
	Transcendental (Turiya)	ॐ	su		0 0.0 0.0 1 8 0.0 0.0 0 12 0.0 0.5 1 24 1.0 0.8 0				X	

The ultimate lesson of the Mandukya Upanishad is not to master the categories of reality, but to realize they are an illusion.

True reality is not the waking mind, the dreaming brainwaves, or the deep sleep of the unconscious. It is the unchanging, silent canvas upon which those waves briefly ripple.