



# The Whirlpool and The River

An Inquiry into Nonduality

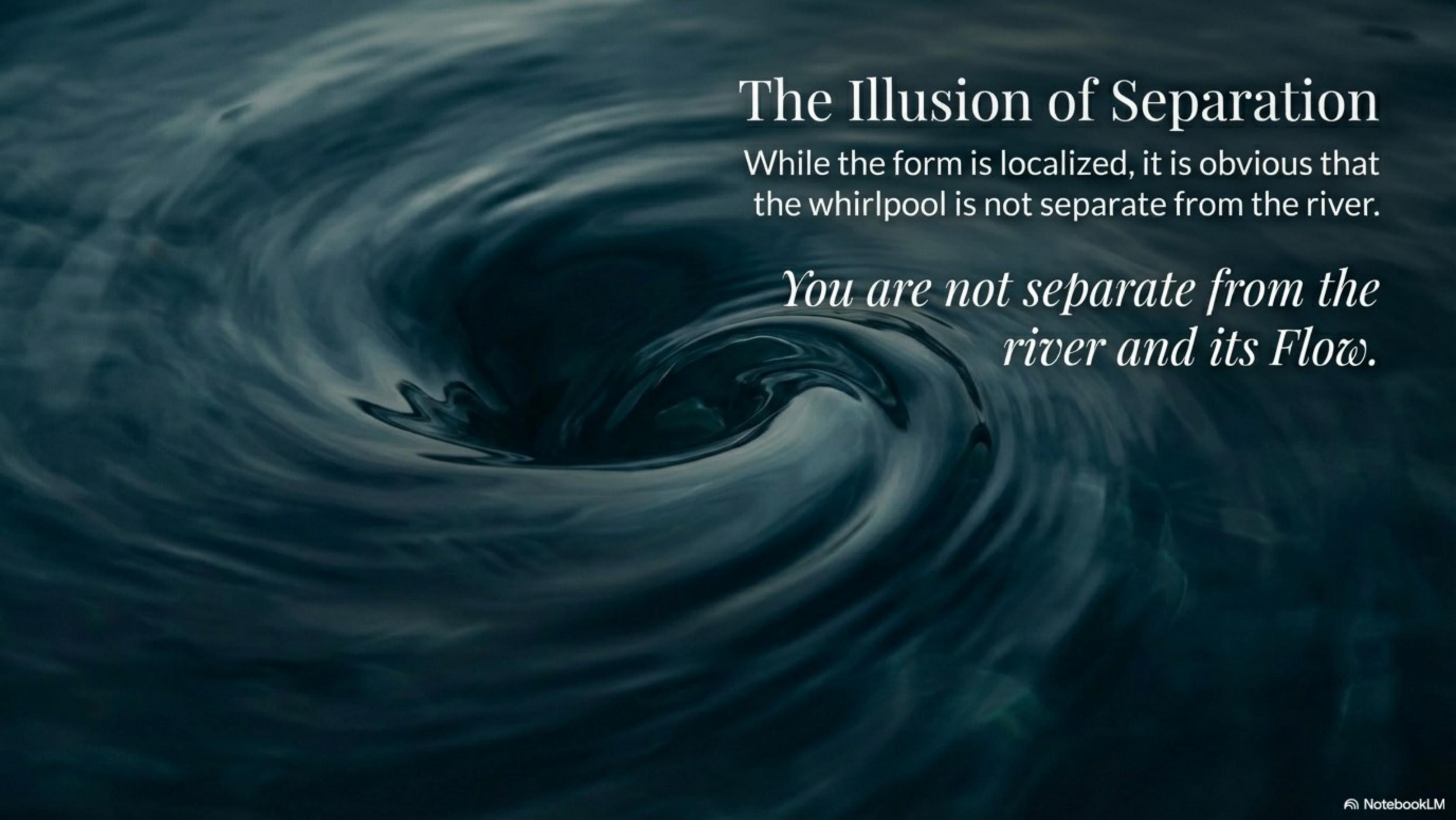
What is Nonduality?

What you are and how you appear are *not-two* things.



# The Appearance of Form

Like a whirlpool in a river, you appear as a localized form.



# The Illusion of Separation

While the form is localized, it is obvious that the whirlpool is not separate from the river.

*You are not separate from the river and its Flow.*



# The Nature of Being

Just as it is the nature of Love to Love,  
it is the nature of the River to Flow.

# Your True Source

You are an appearance in the river of life.  
**Your true source is the river's flow.**

# The Debris and The Twigs

As a whirlpool, you carry specific debris and twigs that make you different from other whirlpools.

These are the markers of individuality—your history, personality, and location.



# Distinct, Yet Not Separate

Yet, all whirlpools are the river's flow in specific locations.

# The Lifecycle of Form



Flow into Form



Flow in Form



Flow out of Form

Each whirlpool is a temporary arrangement of the eternal flow.

# The Reality Underneath

What is true is the Flow and how it appears.

**The Flow itself is the Reality.**

Naming the Unnameable

God  
**COREALITY**  
Source

You can call it God, Consciousness, or Source. It doesn't matter.  
The label does not change the nature of the Flow.



# Prana

The Sanskrit name for this Flow.  
*Prana* means *Constant Movement*.

# “The Scientific Bridge”

“Prana is what scientists call energy.”

Key Insight

“We do not know what Energy is; we understand it via what it does.”





# You Are That

The debris is temporary. The whirlpool is temporary.  
The Flow is eternal.

# You are the River's flow.